Not visible to the naked eye but still there ...?

Sexually transmitted infections **(STIs)** may show **no symptoms** and can therefore cause **serious illnesses** if undetected and **left untreated**.

You can get anonymous advice and tests for the following STIs in our office.

- **blood tests:**
  HIV, hepatitis A,B,C, syphilis, titer Determination (after vaccination of hepatitis B)

- **smear tests:**
  (Cervix, urethra, anus, throat) Gonorrhea, chlamydia, human papilloma viruses (HPV)

We are subject to **professional secrecy** and guarantee **confidentiality**.

Counselling and test hours

Changes reserved. Please check the current opening hours on our homepage:

www.braunschweig.de/aidsberatung

- **Wednesday 1 - 4 pm**

  By appointment or during open office hours from1:00 PM to 3:30 PM

- **Thursday 3 - 6 pm**

  Only by appointment

- **Friday 9 - 12 am**

  By appointment or during open office hours from 1:00 PM to 3:30 PM

Please take a seat in waiting room E.60 (ground floor). We will come and see you.

Counselling office for sexual health / AIDS counselling office

We offer counseling and testing for HIV and other STIs. The tests you request will be conducted anonymously (you will be assigned a code number). You can come without an appointment during the specified times or schedule a specific appointment. Please go to the East Entrance of the Public Health Department (waiting room E.60).

For the HIV test, which is sent by the health department to the laboratory of NLGA, you have to pay a fee of 10 €. In case of financial distress, the lab test can be carried out free of charge.
The HIV rapid test, which is carried out directly in the health department, costs 25 €.
Please refer to our notice or our website for the test costs of other STIs

We will tell you the **findings** in a **personal conversation**. Results of anonymous tests will not be given to you. If you would like to receive a **test certificate**, we ask you to show your personal ID card before the test. (The fee for the certificate is 5 €).

Information about tests and fees:
www.braunschweig.de/aidsberatung

How can you reach us?

Our address:
Gesundheitsamt
Beratungsstelle für sexuelle Gesundheit
Hamburger Straße 226
38114 Braunschweig

Contact persons:

Nieves Paz Mancebo
Dipl. Soz.Päd./Soz.Arb. (social worker)
Tel. 0531 - 470 72 53
E-Mail: nieves.paz.mancebo@braunschweig.de

Gabriele Knerr
Dipl. Soz.Päd./Soz.Arb.(social worker)
Tel. 0531 - 470 72 52
E-Mail: gabriele.knerr@braunschweig.de

Dawid Grabowski
Soz.arb./Soz.päd. BA (social worker)
Tel. 0531 - 470 72 92
E-Mail: dawid.grabowski@braunschweig.de

Rita Schneider
Medical specialized employee
Tel. 0531 - 470 72 54
E-Mail: rita.schneider@braunschweig.de

Further information:

www.braunschweig.de/aidsberatung
sti.beratung@braunschweig.de

You can reach us:

- **by tram: line** 1, 2 und 10
  Station Gesundheitsamt/Wasserwelt
- **by car, out of town:**
  the car entry is to the right about 100 m before crossroads Hamburger Straße /Siegfriedstraße
- **by car into town:**
  take the left lane and make a u-turn opposite the ‘kaufland’ supermarket, after about 400 m outbound the car entry is to the right

Parking is on the property available

Stand: 08/2026

Stadt Braunschweig
Gesundheitsamt

Counselling and test hours

of

counselling office for sexual health/ AIDS counselling office